

STORRSDALE MEDICAL CENTRE

We want to wish a warm welcome to new patients registering with us to be part of our community.

patches

A new tool for contacting your GP practice has been commissioned by the regional NHS primary care service.

PATCHS has replaced eConsult which many of you have used, and offer a great set of features including instant translation, smart help features and a easy way to submit queries to your GP. On our website, you will find the PATCHS banner on our homepage; give it a click and either login via your NHS app or fill in a couple details to create an account. We hope you will find this helpful, and look forward to hearing from you.



Practice Website

You may have noticed that our website has changed a little recently. We have updated the homepage, so it is easier to access the information you require. There are also handy links NHS information at the bottom of the page. <https://www.storrsdalemedicalcentre.nhs.uk>

Mental Health Awareness

Our team celebrated “Wear it green day” for good mental health on Thursday the 16th May. As a practice, we are passionate about the mental wellbeing of our patient and staffs equally. From time to time, we discuss the importance of identifying psychological issues, prevention and also discuss the available assistance.



MENTAL HEALTH AWARENESS WEEK
13-19 MAY 2024

MENTAL HEALTH FOUNDATION

Since 2001, the Mental Health Foundation has been leading Mental Health Awareness Week - bringing together the UK to focus on getting good mental health. Each May, millions of people from every part of society take part.

Practice Learning/Training Time

Please note the practice will be closed from 1 pm on the following dates (**Wednesday**) for Practice Learning Time:

- 26th June 2024
- 24th July 2024

If you require medical assistance during this time that cannot wait until the following day, please call the practice and you will be diverted to the out of hours team. Alternatively, you can contact 111. In case of an emergency always ring 999.



Please contact the surgery to book your Annual review.

Having a single annual review is the quickest and most convenient way of monitoring long-term conditions. Without regular check-ups, conditions can worsen, and complications might arise that damage your health.

To ensure that patients with long-term conditions only have to attend the Practice, when necessary, we now invite these patients to attend the Practice for a single annual review.

This normally requires an appointment with a Health Care Assistant (HCA) or Practice Nurse for blood tests/requests, and checks of height, weight, blood pressure, and a urine test, usually followed by a face-to-face review.

In some circumstances the review can be completed simply with a telephone call to discuss the test results.

You will receive an invitation in advance of the planned review to allow time to book the necessary appointments.

UK Health Security Agency NHS

Measles spreads quickly and can be serious. Is your child protected?

Vaccinate to protect your child against Measles, Mumps and Rubella.

UK Health Security Agency NHS

Adults who missed out on the MMR vaccine in childhood can catch up at any time.

Visit nhs.uk/MMR for more information.

UK Health Security Agency NHS

Two doses of MMR vaccine give protection for life. Make sure your child is up to date:

**At 1 year
At 3 years 4 months**

Contact your GP practice if your child has missed any vaccinations. Watch for more info

Annual Patient Reviews

The conditions for which annual reviews are undertaken include:

- Diabetes
- Impaired Glucose
- Heart Failure
- Stroke
- Hypertension (high blood pressure)
- Atrial fibrillation
- Coronary Heart Disease
- Asthma
- Chronic Obstructive Pulmonary Disease (COPD)
- Long term mental health problems
- Learning Disabilities
- Dementia



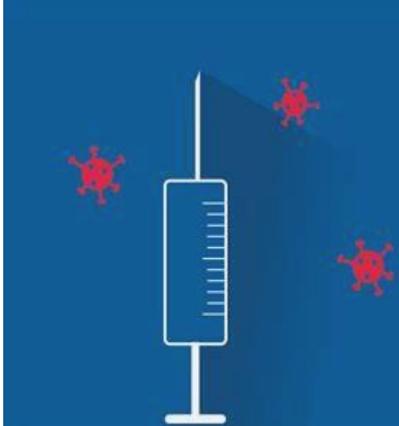
GET YOUR COIL OR IMPLANT FITTED OR REMOVED AT A SURGERY NEAR YOU.



PLEASE SPEAK WITH YOUR GP RECEPTIONIST TO BOOK IN.

Patients registered with practices within the SWAGGA Primary Care Network can now access a dedicated service for coil and implant fitting. Coils and implants are examples of Long Acting Reversible Contraception ('LARCs'), which have many advantages over alternative contraception methods such as the pill.

Long-acting reversible contraception is contraception that doesn't depend on you remembering to take or use it to be effective. They are highly effective at preventing pregnancy. If you would like to access this service please ask a member of Staff at your GP Surgery.



**Covid-19
Spring
Boosters
Available
until 30
June 2024**

People at increased risk from severe illness can get the vaccine, including those aged 75 or over (on 30 June 2024), people with a weakened immune system or who live in an older adult care home are eligible for the Spring Booster.

Invites will be sent out over the coming weeks for the eligible patients from NHS with booking links. You can also visit the local pharmacies that are offering the vaccine.



Volunteers' Week
1-7 June 2024

The NHS is supported by around 2 million volunteers every year and most NHS organisations celebrate their contribution during National Volunteers' Week.

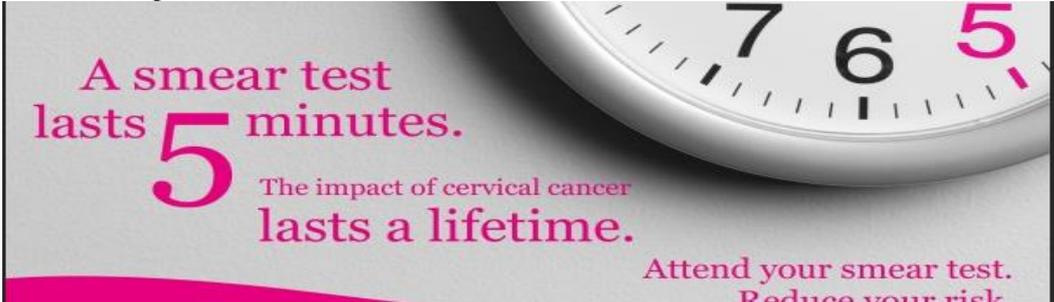
[Volunteers' Week](#)

Cervical Screening Awareness Week

17th - 23rd June 2024

Going for your cervical screening isn't always easy, and everyone's experience is different. So many changes in life, from big milestones to how we feel day-to-day, can have an impact.

Contact the practice to book an appointment for your smear test with our practice nurses.



A smear test lasts 5 minutes.
The impact of cervical cancer lasts a lifetime.
Attend your smear test. Reduce your risk.

Practice Information

New Staff

We would like to extend a warm welcome to new members of our team who have joined us.

Care Navigators/Reception staff

Ms. Vaishali
Ms. Kay Little

First Contact Practitioners (MSK Specialist)

Ms. Emma Lynne

Health Care Assistant

Here is a little insight

Health Care Assistants are trained and qualified in monitoring and managing long term illnesses as well as providing acute care for things such as blood pressure and reviews.

We would also like to congratulate our staff **Ms. Emma Connolly** who will be working as our Health Care Assistant.

Join your Patient Participation Group

PPGs represent patients and provide feedback on GP practices, helping to drive change



At Storrsdale we have an active and supportive patients group, who meet on a regular basis and help in improving our services to our community.

To become involved with the group or if you have any views you can contact the Chair of the patient participation group or the our practice patient participation group representative by leaving a message with reception.

The group meets regularly and invites comments and ideas from other Storrsdale Patients.



Storrsdale Medical Centre

CQC overall rating

Good ●

19 October 2018

[See the report >](#)

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